

Located in  
Holiday Inn  
2200 I-70 Drive SW •  
Columbia, MO 65203



phone: 573-445-8383  
fax: 573-446-1159

**Light & Healthy**  
Served with Grilled Vegetables

<b>Teriyaki Chicken</b> Over a bed of brown rice.	<b>\$13.99</b>
<b>Grilled Chicken Panini</b> with Fat Free Swiss With onion, peppers, tomato & Grey Poupon	<b>\$8.99</b>
<b>Low Fat Turkey Reuben</b> Lean sliced turkey breast, fat free Swiss cheese, sauerkraut & fat free thousand island dressing on rye bread.	<b>\$7.99</b>

*All items prepared with no trans fats. Consuming raw or uncooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.*